

Human Development and Family Studies (HDFS)

HDFS 2320 Foundations of Human Dvpt **3 SCH (2-2)**

Introduction to psychosocial and family development at all stages of the individual and family life cycle. Overview of the theories and enhancement of development and growth in physical, mental, social and emotional areas within a family context.

Fee: \$5.00

HDFS 2321 Prenatal Infant & Toddler Dev **3 SCH (2-2)**

In-depth study of the theories of child growth and development from conception through the first two years. Includes interactions with caregivers, peers and the environment.

Fee: \$5.00

HDFS 2322 Family & Community Health **3 SCH (3-0)**

Personal, family and community health problems; community and government health agencies; principles of first aid and home care of the sick with special reference to the care of children and the aged.

HDFS 2323 Marriage & Family Relations **3 SCH (3-0)**

Analysis of the family unit as a group of interacting members at each stage of the life cycle. Emphasis on the cultural and social influences upon dating, intimacy, commitment and marriage. Exploration of positive communication skills and relationship enhancement techniques and alternate life styles in modern society.

HDFS 3320 Development of Early Childhood **3 SCH (2-2)**

In-depth study of the theories of child growth and developmental as they relate to each developmental domain during early childhood. Observation and participation required.

Fee: \$5.00

HDFS 3322 Parenthood **3 SCH (3-0)**

Parenthood Basic principles and skills for parent effectiveness, diverse parenting situations, parent-child interaction and communication. Methods, materials, and techniques for teaching parenting. Prerequisite: junior standing.

HDFS 3333 Child Preven Strategies **3 SCH (3-0)**

This course will focus on each developmental domain and explore what impact child maltreatment has on development, behaviors, and relationships. The course will explore root causes of each type of abuse, prevalence, and impact at the individual, filial and community level. This course includes examination of state and national-level evidence-based prevention and intervention strategies. Enrollment is open to any students interested in child advocacy but can be difficult to discuss at times. Prerequisite: Junior Standing.

HDFS 4320 The Family in Later Life **3 SCH (3-0)**

Family-oriented problem solving and its relation to major gerontological issues such as intergenerational struggles, independence, loneliness, alternative living arrangements; an examination of family kinship patterns in later life; relationships with spouse, adult children and siblings.

HDFS 4321 Development in Young Adulthood **3 SCH (3-0)**

In-depth student of the theoretical approach related to development during early adulthood. Includes discussion of various transitions emerging adults are faced with (e.g., starting college, delaying family); social and economic pressures and motivation that impact and shape behaviors and choices made during young adulthood.

HDFS 4322 Family Theory **3 SCH (3-0)**

Study of theories (e.g., social exchange systems) that focus on filial structure, communication, family stressors and dynamics with a postmodern approach. Assesses central tenets of each theory and how they can help facilitate an understanding of the family today (e.g., public policy).

HDFS 4343 Special Topics in HDFS **3 SCH (3-0)**

This special topics course focuses on recent developments in theory, philosophy, research and/or applied approaches to human development and family studies. Course may be repeated for credit when topic changes.