

# Health (EDHL)

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**EDHL 1254 Contemporary Wellness 2 SCH (2-1)**

Introductory health education for establishing wellness concepts for men and women of all ages. Nutrition, diseases of the circulatory system, sexually transmitted diseases, behavior modification and related concepts for establishing life time commitments to health promotion are taught. May be substituted as one required activity course.

**EDHL 1304 Foundations of Health 3 SCH (3-0)**

Study of the profession and practice of health education, health sciences and behavior modification.

**EDHL 2124 CPR and First Aid 1 SCH (0-3)**

Current standards and techniques for first aid and cardiopulmonary resuscitation, including bloodborne and airborne pathogen training.

**EDHL 2325 Health Promotion 3 SCH (3-0)**

Overview of theories, processes, activities and settings for health education/health promotion practice.

**EDHL 3331 Consumer Health 3 SCH (3-0)**

An informed health consumer is one who purchases health products and services that are useful and beneficial. This consumer is also aware of consumer protection, product safety and services available if dissatisfied with a product or service.

**EDHL 3333 Growth Develop and Sexuality 3 SCH (3-0)**

Human sexuality content for different developmental stages. Designed for individuals who plan to present human sexuality content to various age groups.

**EDHL 3335 Drug Education 3 SCH (3-0)**

Study of prescription and non-prescription drugs, their action in the body, their benefits and abuse potentials.

**EDHL 3381 Community Health 3 SCH (3-0)**

Acquaints the student with all aspects of community and public health. Designed to prepare students for planning, implementation and evaluation of health education/health promotion programs in community, health care and worksite settings. Prerequisites: junior standing.

**EDHL 3383 Women's Health 3 SCH (3-0)**

Medical, historical, legal, environmental, sociological and psychological issues that affect women's health, both past and present. Prerequisite: junior standing.

**EDHL 4331 Health Field Studies 3 SCH (0-3)**

Studies and investigations relating to health problems in community health, school health and industry. All students will initiate individual study in an area of their interest. Prerequisite: 15 hours of health.

**EDHL 4337 Disease Entities and Epidemiol 3 SCH (3-0)**

Cause, epidemiology, prevention and treatment of communicable, chronic and degenerative disease. Prerequisites: BIOL 2401 and credit or registration in BIOL 2402.

**EDHL 4342 Program Planning Health Promo 3 SCH (3-0)**

Explore the demographics of the Kingsville area, identify a disease that is prevalent to a local population, assess the resources available, develop a health promotion program and implement the program at a local facility.

**EDHL 4344 Health and Aging (WI) 3 SCH (3-0)**

In-depth information regarding the health issues of aging individuals including: physical health, psychological health, legal and ethical issues of health and Medicare/Medicaid. Prerequisite: junior standing.