

# Kinesiology-Exercise Science, B.S. (Performance Psychology Option)

Course	Title	Semester Credit Hours
<b>Freshman Year</b>		
<b>Semester 1</b>		
COMS 1311 or COMS 1315	Intro to Oral Communication or Bus and Professional Comm	3
EDHL 1254 or EDKN 2201	Contemporary Wellness or Cert Personal Trainer Prep	2
EDKN 1305	Intro to Exercise Science	3
ENGL 1301	Rhetoric and Composition	3
HIST 1301	American History to 1877	3
UNIV 1201	Learning in Global Context	2
<b>Semester Credit Hours</b>		<b>16</b>
<b>Semester 2</b>		
EDKN 2335	Sport in Global Society	3
ENGL 1302	Rhetoric and Composition	3
HIST 1302	American History since 1877	3
MATH 1314	College Algebra	3
PSYC 2301	Introd to Psychology	3
<b>Semester Credit Hours</b>		<b>15</b>
<b>Sophomore Year</b>		
<b>Semester 1</b>		
BIOL 2401	Human Anatomy and Physiol	4
POLS 2301	Government and Politics of US	3
PSYC 2314	Lifespan Developmental Psyc	3
Creative arts		3
Lang/Phil/Culture		3
<b>Semester Credit Hours</b>		<b>16</b>
<b>Semester 2</b>		
BIOL 2402	Human Anat and Physiology II	4
EDHL 2124	CPR and First Aid	1
EDKN 3320	Motor Devel and Motor Learning	3
POLS 2302	Government and Politics of TX	3
PSYC 3301	Social Psychology (WI)	3
<b>Semester Credit Hours</b>		<b>14</b>
<b>Junior Year</b>		
<b>Semester 1</b>		
EDHL 3333 or EDKN 3345	Growth Develop and Sexuality or Meas/Eval in Kinesiology	3
EDKN 3352	Sport Psychology	3
EDKN 3436	Basic Physiology of Exercise	4
PSYC 4312	Physiological Psychology	3
PSYC 4329 or PSYC 4350	Cognitive Psychology or Intro to Learning & Memory	3
<b>Semester Credit Hours</b>		<b>16</b>
<b>Semester 2</b>		
EDHL 4344 or EDKN 4342	Health and Aging (WI) or Motor Skills Special Populatns	3

EDKN 3343	Strength and Conditioning	3
EDKN 3353	Applied Performance Psychology	3
PSYC 4325	Abnormal Psychology	3
Select 1 of the following Statistics courses:		3
PSYC 3381	Statistics for Behavioral Sci	
SOCI 3381	Statistics for Behavioral Sci	
STAT 4301	Biostatistics	
<b>Semester Credit Hours</b>		<b>15</b>
<b>Senior Year</b>		
<b>Semester 1</b>		
EDKN 4320	Introductory Research Methods	3
EDKN 4325	Biomechanics	3
EDKN 4353	Psychology for Sports Coaches	3
EDKN 4401	Exercise Test and Prescription	4
PSYC 4322	Psychology of Personality	3
<b>Semester Credit Hours</b>		<b>16</b>
<b>Semester 2</b>		
EDKN 4324	Exerc in Chronic Disea/Disab	3
EDKN 4328	Internship	3
EDKN 4329	Sr Seminar Exercise Sci (WI)	3
EDKN 4352	Psychology of Injury	3
<b>Semester Credit Hours</b>		<b>12</b>
<b>Total Credit Hours Required:</b>		<b>120</b>