

Kinesiology, B.S. (Sport and Leisure Studies)

Course	Title	Semester Credit Hours
Freshman Year		
Semester 1		
EDKN 1301	Foundations of Kinesiology	3
EDKN 1309 or EDKN 2330	Fund of Coaching & Officiating or Introduction to Sport Business	3
ENGL 1301	Rhetoric and Composition	3
HIST 1301	American History to 1877	3
UNIV 1201	Learning in Global Context	2
EDKN Activity		1
Semester Credit Hours		15
Semester 2		
COMS 1311 or COMS 1315	Intro to Oral Communication or Bus and Professional Comm	3
EDHL 1254 or EDKN 2201	Contemporary Wellness or Cert Personal Trainer Prep	2
EDKN 1125	Water Aerobics	1
ENGL 1302	Rhetoric and Composition	3
HIST 1302	American History since 1877	3
MATH 1314	College Algebra	3
EDKN Recreation (p. 2)		1
Semester Credit Hours		16
Sophomore Year		
Semester 1		
BIOL 2401	Human Anatomy and Physiol	4
EDHL 2124	CPR and First Aid	1
POLS 2301	Government and Politics of US	3
Creative arts		3
Lang/Phil/Culture		3
EDKN Fitness (p. 2)		1
Semester Credit Hours		15
Semester 2		
BIOL 2402	Human Anat and Physiology II	4
EDKN 2324	Admin of Sports Programs	3
EDKN 2335	Sport in Global Society	3
POLS 2302	Government and Politics of TX	3
PSYC 2301	Introd to Psychology	3
Semester Credit Hours		16
Junior Year		
Semester 1		
EDKN 3345	Meas/Eval in Kinesiology	3
EDKN 3436	Basic Physiology of Exercise	4
EDHL Elective, adv. ¹		3
EDKN Elective, adv. (p. 2)		3
Supporting Field		3
Semester Credit Hours		16
Semester 2		
EDKN 3352	Sport Psychology	3
EDHL Elective, adv. ¹		3

EDKN Elective, adv. (p. 2)		3
Supporting Field		3
Supporting Field		3
Semester Credit Hours		15
Senior Year		
Semester 1		
EDHL 4344	Health and Aging (WI)	3
EDKN Elective, adv. (p. 2)		3
Elective		3
Supporting Field		3
Supporting Field, adv.		3
Semester Credit Hours		15
Semester 2		
EDHL Elective, adv. ¹		3
EDKN Elective, adv. (p. 2)		3
Elective		3
Supporting Field, adv.		3
Semester Credit Hours		12
Total Credit Hours Required:		120

¹ EDHL advanced electives select from any advanced EDHL course except EDHL 4344.

EDKN Recreation Courses

Code	Title	Semester Credit Hours
Select one of the following:		
EDKN 1101	Selected Physical Activity ²	
EDKN 1135	Racquetball	
EDKN 1142	Bowling	

² Course topic must be a recreation activity (see Academic Advisor for details).

EDKN Fitness Courses

Code	Title	Semester Credit Hours
Select one of the following:		
EDKN 1101	Selected Physical Activity ³	
EDKN 1105	Flexibility and Strength Train	
EDKN 1125	Water Aerobics	
EDKN 1137	Weight Training and Cond	
EDKN 1149	Jogging and Circuit Training	
EDKN 1150	Mat Pilates	

³ Course topic must be a fitness activity (see Academic Advisor for details).

EDKN Advanced Electives

Code	Title	Semester Credit Hours
Select from of the following:		
EDKN 3320	Motor Devel and Motor Learning	
EDKN 3332	Fitness Industries	

EDKN 3333	Sport Marketing & Promotions
EDKN 3355	Sport and the Law (WI)
EDKN 3390	Topics in Sport Business
EDKN 3395	Topics in Kinesiology & Sport
EDKN 4325	Biomechanics
EDKN 4328	Internship
EDKN 4342	Motor Skills Special Populatns
EDKN 4345	Sport Economics and Finance
EDKN 4352	Psychology of Injury