# Social Work (SCWK)

# SCWK 5215 Military/Veterans 2 SCH (2-0)

This applied seminar requires students to critically assess and apply clinical intervention strategies focused on the allevating stress associated with military service and veteran status. Aspects of the military culture essential to know in order to be able to develop a strong therapeutic relationship are presented. Crisis intervention, CBT and other appropriate therapies will be used to address issues of wartime deployment, economic issues, relocation related stress, PTSD, ethnicity, social class, gender orientation, family violence and substance abuse. A rurality paradigm and experiential learning is used to enhance cultural competent practice principles. Students must complete this course with a 3.2 GPA or better.

#### SCWK 5220 "Rurality" Social Work 2 SCH (2-0)

Clinical/Activist Social Workers are prepared for competent practice with the diverse families, groups, organizations, and communities in rural South Texas. Students learn to conceptualize and apply the "Rurality" paradigm to emphasize a way of life that serves to build resiliencies based on spiritual, familial and/or community systems. A GPA of 3.2 is required in order to proceed to the next sequence of required courses.

#### SCWK 5225 Intervention with Elders 2 SCH (2-0)

In this applied seminar a holistic spiritual life cycle and other developmental theories informing clinical practice with aging populations are presented. Students apply culturally competent methods for interviewing, assessing, diagnosing and intervening with older people, their families, and their informal networks through lectures, case studies/analysis, DSM V, and field research. Emphasis will be on the Mexican heritage elder and their family and the potential for misdiagnosis using the DSM V. A rurality paradigm and experiential learning is used to enhance cultural competent practice principles. Students must complete this course with a 3.2 GPA or better.

#### SCWK 5230 Leadership & Supervision 2 SCH (2-0)

This applied seminar uses experiential learning and requires students to apply theories and skills necessary for leadership in community agencies and the issues encountered in supervisory roles. A rurality paradigm is used to enhance cultural competent practice principles with agencies serving the Mexican heritage and rural population of South Texas border environments. Students must complete this course with a 3.2 GPA or better.

#### SCWK 5235 Economic Policy & Development 2 SCH (2-0)

Students will apply knowledge and skills necessary for planning, developing and evaluation of sustainable programs. This course uses economic policy to stress the importance of understanding how the economy affects development and provision of social services. A rurality paradigm and experientail learning is used to enhance cultural competent practice principles. Students must complete this course with a 3.2 GPA or better.

# SCWK 5240 Integrated Field Project 2 SCH (2-0)

The experiential format of this applied seminar focuses on application of critical thinking to the development of a case study using experiences, knowledge, attitudes and skills from field practicum to systematically pan and evaluate interpersonal practice and/or programs for the purpose of informing clinical and programmatic decision-making. Builds upon the foundation research, human behavior, and practice courses, and examines evidence-based methods for conducting assessments; identifying and implementing evidence-based interventions; and measuring and monitoring outcomes for clinical practice and program evaluation. A rurality paradigm and experiential learning is used to enhance cultural competent practice principles. Students must complete this course with a 3.2 GPA or better. Co-requisite: SCWK 5385.

# SCWK 5310 Foundations of Social Work 3 SCH (3-0)

This course uses the history of social work and community agency-based case studies to explore connections the practice behaviors characteristic of social work and understanding of rurality as a paradigm of practice. Social justice issues in relation racism/discrimination based on social class, gender, nationality, ethnicity, religion, and sexual orientation will be presented. Students will demonstrate orally and in writing their mastery of course content and critical thinking skills commensurate with graduate education. A GPA of 3.2 is required in order to proceed to the next sequence of required courses.

# SCWK 5315 HBSE | 3 SCH (3-0)

A multidimensional approach to examining the behavior of individuals, families, groups, organizations, communities, and society as a whole. The economic, social, political, and social forces that impact quality of life are examined. Theories and research of human behavior across the life span are critically evaluated as applications are made to rural social work practice. This is a social work theory course where students are introduced to eco-systems as applied to social work practice. Students demonstrate orally and in writing a critical understanding of and application of course materials. Rurality paradigm is used to emphasize the issues related to ethnicity, rural life-style, nationality, social class, gender identity, racism/discrimination, economic and political discrimination are presented with a special focus on Mexican heritage families. A GPA of 3.2 is required in order to proceed to the next sequence of required courses. Co-requisite SCWK 5310; SCWK 5320; SCWK 5326.

# SCWK 5320 Social Policy 3 SCH (3-0)

Policy, social policy, welfare policy and child welfare policy form the foundation of this course. Issues of political ideology/values, social and economic justice and structural/environmental discrimination based on social class, ethnicity, sexual orientation, economic status, and nationality are examined. The role of advocate in rural environments is presented with a special emphasis on the rurality paradigm to assess the traditional help seeking behaviors and mutual aid strategies (language) use by the large Mexican heritage population of South Texas border environments. A GPA of 3.2 is required in order to proceed to the next sequence of required courses. Co-requisite: SCWK 5310; SCWK 5315; SCWK 5326.

# SCWK 5326 Practice | 3 SCH (3-0)

This is an overview of theory and models of social work intervention with families. Students will learn the theoretical constructs of traditional and emerging models of SW practice with families and develop assessment and intervention skills based on a systems perspective of the family as the center of focus. The rurality paradigm will be used to emphasize the traditional help seeking behaviors and mutual aid approach to informal service used by rural families; expecially the bilingual-bicultural Mexican heritage families living the South Texas border environments. A GPA of 3.2 is required in order to proceed to the next sequence of required courses. Co-requisite SCWK 5310, SCWK 5315, and SCWK 5320.

#### SCWK 5330 Populations at Risk 3 SCH (3-0)

This course focuses on issues of diversity, oppression and social justice. It is designed to prepare social work students to be knowledgeable of people's biases based on race, ethnicity, culture, religion, age, sex, sexual orientation, social and economic status, political ideology/values, disability and how these contribute to discrimination and oppression. Students will also learn about the influence of dominant culture on these diverse and marginalized (population at risk) groups. Naturally occurring self-help and therapeutic groups are the focus of this holistic skills based course. A critical study of environmnetal, social and economic justice issues that impinge of quality of life and well-being of diverse populations are presented. A GPA of 3.2 is required in order to proceed to the next sequence of required courses.

#### SCWK 5335 Practice II 3 SCH (3-0)

As a course with foundation content in the Social Welfare Policy, this course focuses on providing an understanding of community as a major element in the rural social environment that influences an individual's development, behavior and use of informal and formal social services. Traditional help seeking behaviors and mutual aid are presented within a rurality paradigm to provide a focus on the large Mexican heritage populations that inhabit the South Texas border environments. A GPA of 3.2 is required in order to proceed to the next sequence of required courses. Pre-requisite: SCWK 5310; SCWK 5315; SCWK 5320; SCWK 5326.

#### SCWK 5340 Applied Research 3 SCH (3-0)

Principles and methods of measurement, research design and program evaluation in social work. Emphasis is placed on applied methods and practice evaluation to improve practice (single-systems), policy, and social service delivery (process/outcome evaluation) with a focus on rural communities and services. A GPA of 3.2 is required in order to proceed to the next sequence of required courses.

## SCWK 5346 Capstone Seminar 3 SCH (3-0)

This Capstone course in social work, reinforcing students' social work identity, life-long learning, and career development. A writing intensive course requires evidence of critical thinking and application of professional behaviors in relation to the nine CSWE competencies. A major APA format case study is required showing evidence of ability to link course leaning to field practicum application. A GPA of 3.2 is required in order to proceed to the next sequence of required courses. Prerequisites SCWK 5310; SCWK 5315; SCWK 5320; SCWK 5326; SCWK 5340. Co-requisite: SCWK 5356.

## SCWK 5350 Practicum I 3 SCH (3-0)

First in a sequence of two practicums. Educationally directed and professionally supervised direct service activities providing practical experience in the application of social work values, knowledge, and skills acquired in social work foundation courses to practice with rural and/or Mexican heritage populations of rural South Texas border regions. A minimum of 200 clock hours of supervised practicum placement and a weekly two hour seminar are required. A GPA of 3.2 is required in order to proceed to the next sequence of required courses. Prerequisites: permission of the Social Work Program Director and Practicum Education Director. Co-requisites: SCWK 5310; SCWK 5315; SCWK 5320; SCWK 5326.

#### SCWK 5356 Practicum II 3 SCH (0-3)

The second in a sequence of two practicums. Educationally directed and professionally supervised direct service activities builds on skills and practical experience in the application of social work values, knowledge, and skills acquired in social work foundation courses. A minimum of 200 clock hours of supervised practicum placement including a two hour seminar per week must be completed with a GPA of 3.2 or better. Prerequisites: SCWK 5350 and permission of the Social Work Practicum Education Director.

# SCWK 5360 C/A Practice I 3 SCH (3-0)

In this advanced clinical practice course, students learn principles and methods for assessment and intervention with children, youth, families, and groups. Competencies include establishing and maintaining a helping relationship, interviewing, contracting and goal setting, treatment planning and implementation. Students are able to apply appropriate interventions at various stages of the therapeutic relationship for various types of clients in a "Rurality" social context. In-class skill practice includes developing rapport, using a strengths perspective, monitoring self-disclosure, reaching for feelings, containing affect, focusing and summarizing. Special attention is given on the use and/or misuse of the DSM V with Mexican heritage and the diverse populations of the South Texas border environments. A GPA of 3.2 is required in order to proceed to the next sequence of required courses. Corequisite: SCWK 5364.

# SCWK 5364 C/A Practice II 3 SCH (3-0)

Students will use the DSM V as a required textbook in this class to gain knowledge and skills in applying clinical skills for assessment and diagnosis of mental health issues. Critical assessment of the DSM V and the issues of its use or misuse with the ethnically diverse populations. Issues of language, culture, nationality, gender orientation, and social/economic status and the potential for misdiagnosis is emphasized. Clinical skills for working with Mexican heritage and other rural populations is the focus of this course. A rurality paradigm and experiential learning is used to enhance cultural competent practice principles. Students must complete this course with a 3.2 GPA or better.

# SCWK 5370 C/A Practice III 3 SCH (3-0)

Assessing the community from a holistic rurality paradigm opens up possibilities for culturally competent clinical/activist interventions focused on resiliency, traditional help seeking behaviors, mutual aid groups and community services. This approach builds on the community-centered clinical multi-focused practice method that seeks to strengthen neighborhoods and community institutions while also addressing the personal and interpersonal issues facing members of the community (Austin, Coombs, & Barr 2005). Special focus is placed on Mexican heritage communities, familial help-seeking behaviors, mutual aid, informal support, and social justice issues. Students are required to apply knowledge, values, and skills acquired in class to a case study of a community including informal and formal services. A GPA of 3.2 is required in order to proceed to the next sequence of required courses.

## SCWK 5375 C/A Evaluation 3 SCH (3-0)

This course is designed to increase student's knowledge, values, and skills to evaluate their own practice and field practicum agency. Single systems and program evaluation methodology is presented and students demonstrate orally and in writing their competency in the evaluation of their practice strategy using single systems design. As part of the case study design students will further evaluate their field agency using a process and outcome program evaluation design. Case study is graded on conceptual clarity, APA format, Grammar, and on data analysis and findings. A GPA of 3.2 is required in order to proceed to the next sequence of required courses.

## SCWK 5380 Practicum III 3 SCH (3)

First in a sequence of two specialization year practicums. Educationally directed and professionally supervised in an approved social work setting where students are required to demonstrate orally and in writing their competency/practical experience based on the critical evaluation and application of social work competencies (values, knowledge, and skills) acquired in clinical/activist social work courses. A rurality paradigm is used to enhance cultural competent direct practice principles. A minimum of 250 clock hours of practicum placement including one hour practicum seminar per week. Practicum Education Director and supervisor together with the student negotiate how practicum hours; including employment settings will be completed. A GPA of 3.2 is required in order to proceed to the next sequence of required courses. Prerequisite: permission from the Practicum Education Director.

# SCWK 5385 Practicum IV 3 SCH (3-0)

Educationally directed and professionally supervised in-direct service activities providing advanced level of practical experience in the application of social work values, knowledge, and skills acquired in social work courses. A minimum of 250 clock hours of practicum placement including one hour practicum seminar per week. A rurality paradigm is used to enhance cultural competent practice principles. Practicum Education Director and supervisor together with the student negotiate how practicum hours; including employment settings will be completed. A GPA of 3.2 is required in order to proceed to the next sequence of required courses. Prerequisite: permission from the Practicum Education Director.